

NUTRITIONAL FACTS – EXTRA VIRGIN OLIVE OIL (SINGLE VARIETALS)

Nutritional Facts	
Serving Size: 1 Tbsp (15mL)	
Servings/container: 25	
Amount Per Serving	
Calories 120	Fat Cal 120
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 2g	10%
Polyunsaturated Fat 1g	
Monounsaturated Fat 10g	
<i>Trans</i> Fat 0g	
Sodium 0mg	0%
Total Carb 0g	0%
Protein 0g	
Not a significant source of cholesterol, dietary fiber, sugars, vitamin A, vitamin C, calcium and iron	
* Percent Daily Value are based on a 2000 calorie diet	